

**Prof. Belgin ERHAN, MD**

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### **SPECIALTY**

Physical Medicine and Rehabilitation specialist (1995)

Pain specialist (2011)

Professor Belgin Erhan is working as a faculty member (Professor ) and Administrative Head of PMR Department, at Istanbul Medeniyet University, School of Medicine

She is the elected Chair of ISCoS Prevention Committee since 2021. She has been an elected member of International Spinal Cord Society (ISCoS) Prevention Committee since 2019. She is a fellow in ISCoS and an ex-member of e-learning committee of ISCoS.

She is the founder and President of national Neurotoxin Society.

She is the elected President of Spinal Cord Injury Study Group of Turkish PMR Specialist Society since 2021.

She is the President of the Spasticity Study Group of Turkish Society of PMR.

She had worked as an elected board member of national Society of Spinal Cord Diseases which is affiliated with International Spinal Cord Society (ISCoS) for several terms .

She is a member of International Society of Physical and Rehabilitation Medicine (ISPRM), Turkish Society of PMR and Mediterranean Forum of Physical and Rehabilitation Medicine (MFPRM)

Prof. Erhan received her MD degree and completed her residency at Istanbul University in 1989 and 1995 respectively. In 1993 she worked as a visiting resident at West Los Angeles VA Medical Center as a part of the University of California Los Angeles (UCLA) Multicampus PMR Residency Programme.

In 2010 she received the European Board Diploma for Trainer in PMR and in 2011 the clinic that she was directing at Istanbul PMR Training and Research Hospital was qualified as the “ UEMS PMR Board Certified Training Center”.

She is also certified as a pain specialist in 2011.

For the last 25 years her clinical work has focused on the rehabilitation of patients with severe neurological disabilities, especially patients with spinal cord injury,TBI, MS, stroke and etc. Her areas of expertise are the management of spinal cord injury, locomotor training and spasticity management.

She is a nationally recognized trainer on spinal cord injury rehabilitation, spasticity management and ultrasound guided botulinum toxin injections.

She was involved in many international courses and workshops on spinal cord injury rehabilitation, spasticity management and botulinum toxin injections as a trainer or a lecturer.

She has been organizing and directing the annual National Spinal Cord Injuries Symposium since 2000. She also organizes awareness programmes on 5<sup>th</sup> September World SCI Day in İstanbul.

She was in the local organization committee of many international meetings such as 52nd ISCoS Meeting 2013, 8th World Congress for Neurorehabilitation 20014, INEREM 2015, ISNEREM 2016 and 5th ISPRM World Congress 2009.

She has produced more than 100 articles for national and international peer review journals and edited four books in the field of spinal cord injury rehabilitation and spasticity management.